



# Tuesday Night Activities

Tuesday night activities are open to adults, ages 18 and up with intellectual and developmental disabilities. These activities are free or at low cost to participants. Activities happen each Tuesday, 6:00 – 7:00 PM. Participants must have a COVID waiver on file to participate. To sign up, please call The Arc programs department, 316-943-1191.

<b>Date</b>	<b>Activity</b>	<b>Price</b>	<b>Limit</b>
<b>Tuesday, January 5, 2021</b>	<b>Decorating Cookies</b>	<b>\$2.00</b>	<b>15</b>
Enjoy a sweet night as we decorate cookies! Each participant will be given their own materials for safety precautions.			
<b>Tuesday, January 12, 2021</b>	<b>BINGO Night</b>	<b>FREE</b>	<b>15</b>
A crowd favorite, join us for a night of BINGO!			
<b>Tuesday, January 19, 2021</b>	<b>Dance Class</b>	<b>FREE</b>	<b>15</b>
Get your groove on with a fun night of dance class!			
<b>Tuesday, January 26, 2021</b>	<b>Karaoke</b>	<b>FREE</b>	<b>15</b>
Bust out your inner rock star as we enjoy karaoke! Come ready to sing your heart out.			
<b>Tuesday, February 2, 2021</b>	<b>Game Night</b>	<b>FREE</b>	<b>15</b>
A night full of Uno, Yahtzee, Monopoly and more! Bring a game to share or enjoy one of ours with friends			
<b>Tuesday, February 9, 2021</b>	<b>Valentines Cards</b>	<b>FREE</b>	<b>15</b>
Come craft with us as we make our own valentines cards for friends and loved ones			
<b>Tuesday, February 16, 2021</b>	<b>Couples Ballroom Class</b>	<b>FREE</b>	<b>15</b>
Bring a partner or find one here as we learn how to waltz, tango, swing dance and more!			
<b>Tuesday, February 23, 2021</b>	<b>Talent Show</b>	<b>FREE</b>	<b>15</b>
Show us your unique talent! All participants will be given the opportunity to perform for friends.			

2919 W. Second St N, Wichita, KS 67203 ■ 316-943-1191 ■ Fax 316-943-3292

The Arc of Sedgwick County is a non-profit organization whose mission is to improve the quality of life for thousands of local individuals and families living with developmental disabilities. Through its seven major initiatives and hundreds of special programs the group provides educational and social opportunities to enhance development of individual potential while advocating for support and services in the community.

[www.arc-sedgwickcounty.org](http://www.arc-sedgwickcounty.org)

*Achieve with us.*



# *Tuesday Night Activities*

Tuesday, March 2, 2021	BINGO	FREE	15
Tuesday, March 9, 2021	Shamrock Crafts	FREE	15
Tuesday, March 16, 2021	Dance Class	FREE	15
Tuesday, March 23, 2021			
Tuesday, March 30, 2021	Dance Class	FREE	15

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